

## HelpMeVote

Everyone has the right to vote, unless it is taken away for some reason

Do you know someone with a disability 18 years and older and a U.S. citizen?

They have the right to vote and YOU can support them by using these suggestions

### Register to Vote

- Contact your Secretary of State's office or local election officials to register
- To vote in your parties primary, register ahead of time as a member of that party
- Voter Registration forms may be found at the post office, library, local election office, and online
- Identify local in person or virtual voter registration events and locations

### Voting

- Explain there are many ways to vote; in person, by mail, Early Voting and Curbside Voting (Check with your State, County, and Election Officials for availability)
- Discuss the voter the different ways to vote
- Remind the voter they must decide how they want to vote, it is their choice
- Make sure the voter has the correct identification to vote

### Absentee or Mail-in Voting

- Carefully review the ballot instructions
- Take time to read what is on the ballot
- Check deadlines and need for postage when you mail the ballot
- Recommend mailing the ballot at least one week before Election Day

## Be Prepared

- Encourage the voter to take Vote Education classes; go to SABE GoVoter Toolkit at [govoter.org](http://govoter.org) or your state Protection and Advocacy by going to [NDRN.org](http://NDRN.org)
- Collect and read information about candidates and issues
- Discuss what to expect in the voting process, remember you are not to tell them how to vote
- Visit your local Election Office to practice using the voting equipment and ballots
- Make transportation plans, if you cannot take the voter, help them find someone who can

## Support

- Every polling location must have accessible voting equipment
- Consider voting during non busy hours
- The voter may select a person they trust to support them, remember it might not be you
- Family and support staff should not tell the voter how to vote
- Voters can get a new ballot if they make a mistake
- Voters should not leave their poll without casting their ballot (ask for a Provisional Ballot)
- Voters do not have to vote for all the candidates and issues, they can only vote for candidates and issues they care about

## Problems

- Before voting help the voter write down phone numbers to call if they have problems at their polling location
- Call the U.S. Election Assistance Commission Hotline 866-747-1471 or email [listen@eac.gov](mailto:listen@eac.gov)
- Contact your state Protection and Advocacy by going to [NDRN.org](http://NDRN.org) and your state

Email us at [govoter@sabeusa.org](mailto:govoter@sabeusa.org)

