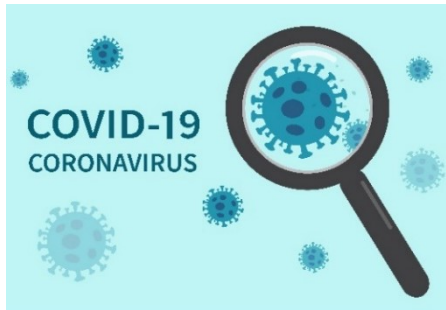


General Information About COVID-19

What is COVID-19?



It is a short way of saying Coronavirus Disease 2019. It's nickname is Coronavirus. It is a disease that causes problems in the lungs. It spreads from one person to another person.

How Do You Get It?



Someone with COVID-19 gives you, their germs. You cannot see the germs. By breathing close to you their germs get in the air, on you, and on things.

- Germs get into your body through your mouth, nose, and your eyes. This is the main way to get COVID-19.
- Some people who have COVID-19 do not show it. They can still get you sick.
- If you touch something with germs on it and then touch your face, you might get sick. This is a less likely way to get COVID-19.



Signs and Symptoms of COVID-19

Some people who have COVID-19 do not show it. They might not even know they are sick. Some signs or symptoms include:



Fever
or chills



Cough or
Sore throat



Hard time
breathing



Lose your sense
of taste or smell



Runny nose



Tired, your whole
body feels weak



Headache, muscle
or body aches



An upset stomach,
nausea or diarrhea

If you are having symptoms call your doctor. If it is an emergency, call 911 or go to the hospital. You can find a full list of symptoms at:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

If you Have Been Exposed to COVID-19 and Are Sick

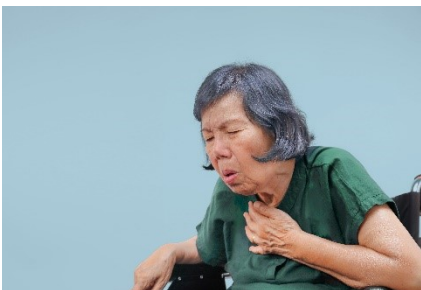
Call your doctor.

- Do not go to your doctor's office unless your doctor tells you to go to the office.
 - Do not go to the hospital unless your doctor tells you to go to the hospital.
-



Tell your doctor if you have been exposed to someone with COVID-19. Describe how you are feeling. Describe your symptoms.

Tell your doctor if you have been to a place or an event where people were sick with COVID-19.



If you are having trouble breathing, call 911. For all medical emergencies, call 911.

Finding Out if You Have COVID-19 and Getting Treatment



Your doctor will decide if you should be tested for COVID-19.



As of October 2020, there is no vaccine.

There are no approved medicines for COVID-19.

Many people have no symptoms and do not get very sick. Some people who get COVID-19 become very ill and need to go to a hospital.



Know your rights. People with disabilities are allowed to bring a supporter with them when in a hospital or a doctor's office.

To see a video made by self-advocates about your rights go to:
https://www.youtube.com/watch?v=9y1rOWyf_XM&t=6s