



Sample Supported Decision Making Supporter Letter



Dear Supporter

I am in the process of documenting my Supported Decision Making (SDM) plan. This procedure replaces guardianship. You may or may not know that guardianship strips a person of all their rights and declares them incompetent. I am not incompetent, but I need support.

I am asking if you will sign on as one of my supporters. As a supporter, I may need you to do any of the following when I am making a decision:

- Help with obtaining information,
- Help with understanding information
- Help understanding and comparing available various alternatives
- Help executing the decision I have made
- Help communicating my decision appropriately

If you are willing to be a supporter and be called on when I need to make a decision, or to be part of my primary decision-making team, please let me know.

When my plan is finalized, all of my supporters will review it with me and be able to sign on as a supporter.

Please let me know if you have any questions.



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